Oregon law guarantees you the right to have protected health information sent directly to you instead of to the primary account holder (policyholder). To see your rights in full and to obtain an Oregon Request for Confidential Communication form please click here:


Please note that we are not able to offer e-mail communication, either to or from us, at this time.

Once you have completed the form please send it to:

Bankers Life and Casualty Company
111 East Wacker Drive, Suite 2100
Chicago, IL 60601